Junior Race Skills: Assessment Criteria for children U12 years

In June 2024, Chill Factore launched its new Junior Race Skills training program. Assessments in Junior Race Skills training involves two specific areas:

1. Slope Skills development
2. Course skills

Slope skills target four key technical areas:

1. Edge
2. Pressure
3. Rotation
4. Coordination of steering

These four skill areas are assessed by the coaches during an open-slope task. The course skills are assessed in a separate run through a race course using short gates.

Group	Green	Blue	Red	Black

Entry Criteria (slope)	• Successfully completed Level 6 (or equivalent), including:
	  ○ Using the lift independently
	  ○ Recover from a fall independently
	• Plough parallel, matching at fall line.
	• Unassisted linked turns from the top.
	• Maintain a constant, brisk speed.
	• Focus and concentration skills to execute tasks set by the coach.
		• Skidded parallel turns with a variety of turn sizes.
		• Using shape of turn to control speed (final third).
			• Grippy parallel turns (tail follows tip).
			• Circular turn shape.
			• The above skills demonstrated in a variety of corridors.
				• Linked, circular turns in a medium-to-wide corridor showing carving from at least the fall line (i.e. **not** a fall-line wiggle).
				• Ski a variety of corridor widths adjusting turn size whilst maintaining circular turn shape.
				• Fully carved J-turns in both directions.

Entry Criteria (course)	• Not applicable	• Ski a medium offset corridor course with effective turn shape.	• Ski a medium offset corridor course demonstrating parallel turns in a racing line.	• Ski a medium offset corridor course demonstrating turns with a minimum of 50% carving, and following a racing line.