

The Lodge Bar & Kitchen

ALLERGEN GUIDE

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients can vary and may have changed since your last visit. Please check the relevant section in this allergen guide.



OUR ALLERGEN GUIDE

We prepare our food in kitchens with products containing nuts and gluten as well as other allergens. Allergen details contained in this guide have been obtained from supplier specifications.

We have taken all reasonable steps to ensure that information is accurate, however we cannot guarantee that any product is 100% free from any allergen because of the risk of cross contamination in our kitchen.

BREAKFAST

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **YES** DISPLAYED, THEN DISH CONTAINS ALLERGEN (UNLESS ALLERGEN SOURCE ITSELF IS STATED)

Menu Item	Does it Contain?													
	Celery/Celeryiac	Crustaceans	Cereals containing Gluten	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame Seeds	Soybean	Sulphur Dioxide & Sulphites	Tree Nuts
Breakfast														
The Lodge Breakfast	No	No	Wheat, Barley	Yes	No	No	Yes	No	No	No	No	Yes	Yes	No
The Lodge Junior Breakfast	No	No	Wheat	Yes	No	No	No	No	No	No	No	No	Yes	No
Veggie Breakfast	No	No	Wheat, Barley	Yes	No	No	Yes	No	No	No	No	No	No	No
Sausages & Egg Brioche Roll	No	No	Wheat	Yes	No	No	No	No	No	No	May	No	Yes	No
Smoked Back Bacon & Egg Brioche Roll	No	No	Wheat	Yes	No	No	No	No	No	No	May	No	No	No
Mushrooms & Egg Roll Brioche Roll	No	No	Wheat	Yes	No	No	No	No	No	No	May	No	No	No
Toast & Jam	No	No	Wheat	No	No	No	Yes	No	No	No	No	No	No	No
Avocado & Poached Eggs	No	No	Wheat/Rye/Barley	Yes	No	No	No	No	No	No	May	No	No	No
Belgian Waffles with Bacon & Syrup Maple	No	No	Wheat	Yes	No	No	Yes	No	No	No	No	Yes	No	No

Last updated 16th November 2021

LIGHT BITES

FOOD ALLERGENS

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	Celery/Celerciac	Crustaceans	Cereals containing Gluten	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame Seeds	Soybean	Sulphur Dioxide & Sulphites	Tree Nuts
Light Bites														
Topped Fries Chilli & Cheese	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No
Topped Fries Smoky Bean & Roasted Veg Chilli & Cheese	No	No	Wheat	No	No	No	Yes	No	No	No	No	Yes	No	No
Topped Fries with Cheese	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No
Crispy Chicken Strips	Yes	No	Wheat/cereal/barley	No	No	No	No	No	No	No	No	Yes	No	No
Jacket Potato – Beans & Cheese	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No
Jacket Potato – Tuna Mayo	No	No	No	Yes	Yes	No	No	No	No	No	No	No	No	No
Jacket Potato – Beef Chilli	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Jacket Potato – Veg Chilli	No	No	Wheat	No	No	No	No	No	No	No	No	Yes	No	No

HOT DOGS

FOOD ALLERGENS

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Hot Dogs														
Pork Hot Dog	Yes	No	Wheat/ Gluten May. Barley, Oat, Rye	May	No	No	May	No	Yes	No	No	May	No	No
Plant- Based (Vegan)	Yes	No	Wheat/Gluten May. Barley/Oat/Rye	May	No	No	May	No	Yes	No	No	May	No	No

ALPINE FAVOURITES

FOOD ALLERGENS

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Alpine Favourites														
Tartiflette	No	No	Wheat, Barley, Rye	No	No	No	Yes	No	No	No	May	No	No	No
Alpine Schnitzel	No	No	Wheat	No	No	No	No	No	No	No	No	No	No	No
Homemade Chilli Con Carne	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Roasted Vegetable Chilli	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Add Sour Cream	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No
Bratwurst Sausage	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
Beef Goulash	No	No	Wheat	No	No	No	No	No	No	No	No	No	Yes	No

SANDWICHES & SALAD

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Sandwiches														
Chicken B.L.T Club	No	No	Wheat	Yes	No	No	No	No	No	No	No	No	No	No
Tuna Mayo Ciabatta	No	No	Wheat/Rye/Barley	Yes	Yes	No	No	No	No	No	May	No	No	No
Posh fish finger Sandwich	No	May	Wheat	Yes	Yes	No	May	May	Yes	No	May	No	No	No
Avocado & Feta Ciabatta	No	No	Wheat/Rye/Barley	No	No	No	Yes	No	No	No	May	No	No	No
Salads														
Chicken, Bacon & Avocado	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Avocado, Beetroot & Feta	No	No		No	No	No	No	No	Yes	Yes	No	No	No	No

DESSERTS

FOOD ALLERGENS

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Desserts														
Chocolate Fudge Cake	No	No	Wheat	Yes	No	No	Yes	No	No	May	No	Yes	No	May

